

Reflecting the Real You –
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The secret to these prompts is to write in two sessions. First, free write for five minutes using part a) of the prompt. Don't worry about the second part yet. After the free write time, begin part b) Now take as much time as you need to finish both parts of the prompt.

There are four separate prompts below. Try doing prompt 1, in two parts, and following that with 1A.

OR do prompt 2 in two parts and follow with 2A.

1) a) Imagine you are inside an animal. You look out at the world through its eyes. What do you see? How does your body feel? b) What do you wish for?

1A) Using a paper plate, paper bag, fabric scraps, yarn, buttons, or other found materials, make a mask for yourself. Is it an animal? A person? Is it traditional? Modern? Put it on. Write down how do you feel. With a partner, write a dialogue between your two masked beings.

OR

2) a) Describe yourself. Tell about the things you like to do, your friends, what you are good at doing, what you wish you were good at doing.

b) Now tell what you think others see when they look at you. How would they describe you? Are they right or wrong?

2A) a) Write about a dream that you have. Using magazine photos or fabric scraps and found materials make a collage to represent that dream. b) Now write about someone else's dream for you. Is it the same as yours? How is it different.

Insta-poem Selfie
Write a structured poem

Poetry uses a few words to say a lot. It can be sweet, emotional, or hard hitting. Take your time to think of the best words to include in this structured poem. Write them on a separate piece of paper if that helps. Choose the words that show the most honest picture of you. Like people, all these poems will be different.

(Start with your name) _____

I like _____

I like _____

I wish _____

I wish _____

I will _____

I will _____

I am _____

I feel _____

I feel _____

I can _____

I can _____

I'll never _____

I'll always _____

I am _____